10 years of RCPCH &Us

Children, young people, parents and carers shaping healthcare since 2015

Follow the balloons to see the total number of children, young people and family members involved so far

2015

491

- Around 30 children, young people and families are involved in designing the new focus and brand **RCPCH &Us** before its launch at the annual conference
- First activities include hosting an online Twitter chat during **Mental Health Awareness Week**

2016

1,530

- Roadshows hear children and young people's voices on healthcare issues, informing College teams' takeover events across the UK
- **The RCPCH Children and Young People's Engagement Committee** – made up of children and young people, parent carers and healthcare professionals working together – is established

2017

2,688

- Children and young people speak on mental health and poverty at **State of Child Health** launch events
- Party conference speeches are delivered for the first time, and the Emoji card game is launched

2018

4,906

- Flagship audit projects **Asthma &Me Ambassadors** and **Epilepsy12 Youth Advocates** start up, along with the first **Voice Champion Award** for healthcare workers selected by children and young people
- Epilepsy12 Youth Advocates are awarded the **HQIP Richard Driscoll Memorial Award** for patient involvement

2019

7,734

- Participation in the NHS Youth Voice Summit
- Parent-led toolkit – **#HiddenHealth** – is launched

2020

8,295

- **5th birthday** plans move online
- Our Covid-19 book club adds the collective voice of 60,000 children and young people to creating an **NHS Recovery Plan**

2021

9,059

- Our Health Matters campaign links to the elections, with resources designed to raise awareness and encourage children and young people to advocate for child health
- **Asthma &Me Ambassadors** are awarded the **HQIP Richard Driscoll Memorial Award**, along with the adult asthma panel

2022

10,212

- **'Everyone Deserves the World' letter** about poverty incorporates the views of 500 children and young people
- Young people interview and help appoint a **new RCPCH Chief Executive Officer**

2023

12,772

- We're back doing **face-to-face delivery in hospitals**, outpatient clinics, schools and on the streets
- More than 20 regular projects take place online every six weeks

2024

13,538

- 180 sessions take place in 35 locations across the UK
- Nearly 1,000 children and young people take part in **Clean Air roadshows**
- The RCPCH &Us **podcast** channel launches

2025

16,757

In the past year alone
(September 2024 to August 2025)

2,882 hours volunteered by children, young people and parents/carers

186 engagement sessions delivered

746 healthcare professionals took part in Engagement Academy-led sessions and discussions

Celebrating 10 years

RCPCH &Us

The voice of children, young people and families

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